The purpose of the Giants Folk and Fine Arts School is to preserve the history and cultural heritage of Spring Grove, formerly known as Norwegian Ridge, by providing educational experiences in art traditions in a manner that assures access to all people in our area. Both classes and events will be offered.

The school will result in a new generation of community residents participating in experiential learning in a variety of Norwegian and other culturally-inspired arts. Participants are strongly encouraged to record their experiences in a journal they keep for 2011 classes.

The Giants Folk and Fine Arts School features Special Events year round, plus Summer Classes for youth, although sometimes classes will be inter-generational, plus Winter and Spring Classes offered for all ages and publicized through the Giant’s web site, other web sites where possible, social networks and other venues such as posters, newspaper ads and press releases.

This catalog style publicity piece with photos, original drawings, and descriptions of the classes and events in addition to the regular brochures is printed once a year and therefore some changes may occur. Please consult the web site listed below or phone one of the numbers below if you have questions concerning a class or event.

We will also document parts of classes on film in order to record history in the making.

Click on this website for more information and for Registration Details: www.springgrovernheritagecenter.org

Because it is important to us that all people have access to our classes, scholarships can be arranged.

A stamp and/or fabric labels will be designed to affix to things made at the classes.

Please register as early as possible in order to help instructors make plans and secure materials.

Four Easy Registration Options:

MAIL  Completed form(s) to
Giants FAFA School
163 West Main, PO Box 223, Spring Grove, MN 55974

PHONE  507.498.5070 or 507.450.1373

FAX  Completed form(s) to 507.498.5853

ONLINE  www.springgrovernheritagecenter.org or www.giantsheritage.org

Participation is based on a first-come, first-served basis when registration fee is received. Giants of the Earth Heritage Center is a not-for-profit 501(c)3 organization.

Cancellation Policy: Money will be refunded only when notice is given in writing one week and one day before the first class commences. OPTION: Send a friend in your place.

When possible, Giants will collaborate with other non-profit organizations to jointly offer classes.

www.giantsheritage.org
Genealogy: Who Do You Think You Are?
Learn research techniques and tools from resident historian and genealogist Georgia Rosendahl and genetic genealogy specialist Johnathan Storløkken, PhD.

Wednesdays from 10:00AM until 5:00PM
with focused instruction at 11:00 and 4:00
Ballard House - Free Will Donation

Ga På Tur Nature Walk
Trail traverses meadow, woods, and large overgrown rock quarry with ponds and new growth. Learn to identify trees and plants with DuWayne Oakes and others.

Guided walk first Saturday each month May through October at 9-10:00AM; open daily for self-guided walk
Geocached walk on October 1.
Meet at Red’s Hometown Market parking lot, south edge;
$3 per person

Introduction to Rosemaling
Learn this traditional decorative art medium. Bring your own brushes or purchase on site. Ages 10 and up.

August 6; 9 a.m. to 4 p.m.
Ballard House - $30 plus $10 materials
Instructor: Betty Dowe

Rosemaling Project: Wooden Memory Booklet
Create a beautiful wooden memory booklet in the Hallingdal style with artist Betty Dowe. Participants are encouraged to have rosemaling experience or to have taken the Introduction to Rosemaling class as a pre-requisite. Bring your own brushes or purchase on site. Ages 10 and up.

August 13; 9 a.m. to 4 p.m.
Ballard House - $30 plus $12 materials
Instructor: Betty Dowe

Beginning Norwegian
Learn to speak like the young people who lived here 150 years ago. The King and Queen of Norway are coming to America, and we hope that they will be persuaded to visit Spring Grove. We want all the young people here to greet them in Norwegian. Open to all ages. Youth especially are encouraged to attend. Hint: Bring a tape recorder.

Sundays August 21 - October 9 from 4:00 to 5:30 PM

Mudpies– Building with Clay
Brick factories were prevalent in Spring Grove during the 1890s-1910s. Many houses and the Trinity Church are still standing. Participants will hike to one of the sites from which clay was available for the brick works. Mix brick dust from the belfry of Trinity Church with clay which may be purchased or dug from the hillsides near Spring Grove.
to make your own personal bricks for a garden, paperweights or to make a gift for a Confirmand. Bricks may be taken home or donated to Giants of the Earth Heritage Center. Ages 8 and up.

Thursday, August 25, 6 - 9:00 PM
Ballard House - $10 plus materials
Instructors Nate and Hallie Evans

Singing Songs of Immigrant Families
Learn songs in Norwegian that our forebears sang in this area 150 years ago. The songs teach the stories of our past in a fun and interesting way. Learn songs to sing for the King and Queen. Take the music home with you to keep on singing. Open to all ages. Maximum 20.

Sundays, August 28 - Oct. 9 at 3:30 PM
Ballard House - $15 (includes keepsake songbook)
Instructors: Rachel Storlie and Kathrine Myrah

Hardangersøm Embroidery
Anyone with good eyes who can count and handle a scissors is capable of doing this form of Norwegian needlework. Kloster blocks, eyelets, button hole, satin, and cable stitches along with woven bars are used to form squares, rectangles, triangles and diamonds. Thread and drawn work techniques are worked on even-weave 22 count cloth to create heirloom household items. This class will focus on a small project and is recommended for children ages 10 or older through adults.

September 8, 15 and October 13 and 20 from 4:00 to 6:00PM
Ballard House - $20 plus the cost of class kit ($15)
(The kit contains everything except a small scissors- you will need to bring one with tips that are very pointed, narrow and sharp).
Maximum of 10 students in a class; Pre-register by September 1.
Instructor: Gale Buhr

Norwegian Folk Dancing
Have you ever heard of these dances? The Seksmannsrl, Halling, Springvals, or Reinlander? Join Norwegian folk dance instructor Rachel Storlie on a journey through time to old Norway, where you will learn the dances of our ancestors! From the gymnastic showmanship of the Halling to the fanciful “weaving dance,” let your spirit and body become part of the cultural cloth of Norway. Sign up with a friend or sibling, your secret crush or life partner! Show off your newly-acquired skills by Syttende Mai! Ages 9 and up—or contact instructor for permission. Level: beginner-intermediate. Be prepared to dance for the King and Queen of Norway

SESSION 2: September 12, 19, 26 from 7:00- 8:00 PM
Ballard House - $15 per person each session;
Instructor: Rachel Storlie and a technical assistant

September 29 Presentation Performance: Music by Foot-Notes;
Public invited to dance following performance. $5 per couple suggested donation for the public.

Rachel grew up in a highly Norwegian-American household in Caledonia. At the age of 7, she began Norwegian Folk Dance lessons with Sandra Kawatski and Betty Posaas in LaCrosse, Wi, where she learned the gamut of traditional dances over her 10 year commitment

[description continued next page]
Fine and Folk Arts School - Spring Grove, Minnesota

to the group. She has performed Norwegian folk dances at numerous Sons of Norway events, private functions, and by special invitation at the grand opening of the Epcot Center’s Norwegian Pavilion at Disney World in Florida. Contact info for Rachel, e-mail: rachel@storlie.org phone: 507.458.1255; Music by the Foot-Notes – Beth Rotta was mentored by Fiddler Bill Sherburne of Spring Grove and Bill Musser grew up in Spring Grove

Foods from other Cultures
Learn the social ways of another culture and prepare and eat food from four different cultures.

September 15 at 7:30 PM
Spring Grove Public School Home Ec Room; $5
Pre-register by September 1; Instructor: Nancy Gulbranson

Circle Song
Young children, fathers, mothers and caregivers sit on the floor or in chairs set in a circle and sing songs that nurture the spirit, along with songs that are wacky and just old-fashioned fun. Ages birth and up.

Fridays, September 9 through October 28 at 9:30 AM
At Spring Grove Assisted Living Center
$1 per child per class; Leader: Rachel Storlie

Hootenanny for All Ages
Young and old gather to sing together. Re-learn songs from your childhood as well as new ones from kid’s current repertoire and teach children songs you love. Learn some Norwegian folk songs too. Open to all ages. Free milk and cookies!

Wednesdays September 21 through October 19 from 3:30-4:30PM
Ballard House - $1.00/person.
Musicians: Bovee and Heil (Sept. 21 & 28); others to be announced
Bob Bovee and Gail Heil love to play traditional American rural music. With a repertoire including dance tunes, ballads, cowboy songs, humorous and sentimental numbers and rags, their show is spiced with stories, history, and folklore to entertain audiences of all ages.

Inspired by Headlines and Photos
Upon seeing historic photos or hearing old news stories, youth will create their own visual art or poetry or creative writing to respond to what they have seen and heard. Ages 9-12.

Tuesdays Sept 27, October 4, 11 and 18 from 3:45-4:45 PM
Ballard House - $4; Instructors: Janna Myrah, Georgia Rosendahl

Kolrosing for Kids in September
Make a bookmark or Confirmation present as well as other things.

Thursday, September 29 at 4:00PM
Instructor: Jill Storlie. Ballard House

Uff-Da Fest Celebration
Please see website for comprehensive listing of events Giants will be hosting during the autumn Uff-Da Fest celebration.

September 30 and October 1
Cemetery Walk – Where’d You Get Your Genes?
Choose a name from a tombstone in the West End cemetery or the one next to Trinity Church, known as Pioneer Cemetery. Research the name at Giants of the Earth Heritage Center and create the character of this past resident of Spring Grove. Theater training will include voice and diction exercises, character building, and individual coaching on roleplaying.
Concurrently there will be a photography of tombstones class taught by Kathrine Myrah, photographer. Some of those photographs will be displayed at the Ballard House. Open to ages 11-adult
October 4, 11, 18 and 25 at 4:00PM
Ballard House - $7 each class
Instructors: Bill Fried, David Storlie, Georgia Rosendahl
Public Performances at the West End and on November 1 at the Pioneer Cemetery next to Trinity Church at 4:00 PM.

Learn to Make Norwegian Foods
Learn the tricks to making great authentic Norwegian foods from members of the Sons of Norway.
October 6, 20, 27, November 3 at 6:30 PM
Ballard House - $5 per person per class Pre-register by Sept. 15.
Instructors: Members of Sons of Norway

Carving Flat-Plane Style with Harley Refsal
Learn to make figures out of wood from a master woodcarver and Gold Medalist at Vesterheim, and paint them. Professor Emeritus Harley Refsal is internationally recognized in carving and is the 1996 recipient of the St. Olav Medal from the King of Norway. Begin the tradition of carving an annual ornament for your Spring Grove Christmas tree. Open to ages 10 and up.
October 8 - 9 AM - 5 PM
Ballard House - $80; Instructor: Harley Refsal

Writing Family Stories
Learn to write about your family and preserve your stories for posterity. Stop thinking about writing your history and just do it! This class will give you practical tips to help you find your own “voice,” and suggestions on how to organize your work. There will always be class time to write, and the ultimate decisions on your work will be yours. You may choose to bring your writing journals or a laptop if you have one.
October 11, 25 and November 1, 8 at 7 p.m.
Ballard House - $20; Instructor: Mary Deters

Emerging Artist Musician’s Event
Open stage for aspiring talented 12-19 year-olds - Thanksgiving night will be open to people of all ages. Audience will rate performances and winners of the April and May events will “open” for Music in the Park musicians during the summer series at Viking Memorial Park.
Thursdays Oct. 13, and Nov. 24 (Thanksgiving night) at 7:00 PM
Spring Grove Cinema - $5 per contestant; Pre-register by calling 507.498.5617 (so we know if you have special requests to augment your performance). $1 Admission for audience
Hedebosøm Mini Course

A person doesn’t need to be Danish to master the simple techniques of hedebosøm. This class is designed to teach beginners the basic stitches of this unique form of needlework that originated near Copenhagen many centuries ago. Thread rings, buttonhole stitches and pyramids are combined to make interesting forms of needle lace that can exist independently or be used as inserts in fabric.

Thursday, October 20 and Saturday, October 29 from 9 AM to noon
Ballard House - $20 plus class kit fee of $5; Instructor: Roger Buhr
Ages: youth 7th grade and above to adult
Maximum number of students is 10; Pre-registration by October 12 is necessary so the instructor can prepare the kits

Picture a Tombstone

All students should bring their own cameras. Meet at Ballard House for opening instruction before going to the West End and Pioneer Cemeteries. All images taken by each will be printed as thumbnails in 8x12 and one enlarged 8x12 will be ready for display before the Cemetery Walk in October. Ages 10 and up.

October 22 at 3:00 PM
Ballard House - Cost per student $10; Instructor: Kathrine Myrah

Pressing on in Clay

Each participant will create a unique-one-of-a-kind ornament out of squishy greenware clay - then complete the ornament with an application of glaze, that when fired will be rock-hard and ready for the Christmas tree! In the process you may get dirty - the clay does wash out - but don’t wear your Sunday best to class! Ages 10-Adult

Saturdays, October 22 and 29 at 10:00 AM
Finished pieces can be picked up November 6
Ballard House - $10 plus materials
Instructor: Dawn Deines-Christensen, artist

Art for a Cause: Making Fleece Caps for Kids

This is a way to give back to the community while feeding your creative spirit and by giving kids a chance to improve their design eye. We will work side-by-side in an assembly line. Children will choose their own fabrics that adults cut, piece, and stitch while the child observes. The cap is presented to the child immediately upon completion.

October 25 - Spring Grove Fourth Grade Classroom
Free; Sewers Karen Gray et al

Words That Need to Be Written

Writers Gather and Share their Work, and a Joe Langland Retrospective

Recognized area writer Emilio DeGrazia, will read from his own work. Following his presentation, audience members will each have three minutes to read their original work in an inviting, non-threatening atmosphere. DeGrazia, a long-time resident of Winona, MN, began publishing poetry and creative prose in 1973, and founded Great River Review, the state’s most enduring small press literary magazine.

[description continued next page]
in 1977. His published books include two novels, two collections of short stories, a collection of essays and most recently a memoir, Walking on Air in a Field of Greens. He and his wife Monica have co-edited two anthologies for Nodin Press of Minneapolis, Twenty-Six Minnesota Writers (1995) and Thirty-Three Minnesota Poets (2000). Recently DeGrazia assembled Seasonings, his first collection of poetry. His secret desire is to be a poet when he grows up.

The Joe Langland Retrospective will be mounted in the space adjacent to the Writers. Poet Joe Langland, recently deceased, is a Spring Grove native.

October 25 and November 15 at 7:00 PM
Pre-register by October 17 and November 6
$5.00 per audience member
Ballard House - $5 per audience member;
Those who read from their own work will receive a refund of their fee.

Painting on Glass
Bring your own glass piece to paint.
Saturday, November 12 from 10 AM to 1 PM
$15 plus materials ($5); Instructor: Betty Dowe

Hand-Made Kiln-Fired Clay Ornaments
Play with clay to design and paint ornaments for your home for the Holiday Season. Nate and Hallie will teach you the properties of clay, how to explore texture and use under glaze as decorative art. At least one parent with their child(ren)

Sunday, November 20 from 2-4 pm
Ballard House - $5. per person or $20. per family
Instructors: Nate and Hallie Evans

Juletrefest
Learn to make traditional decorations for a Christmas tree. Decorate the Ballard House tree with one and take one home for your tree. Sing carols around the tree by joining hands and rotating in concentric circles walking in opposite directions. Enjoy eating special Norwegian food treats. Experience a visit from the Julenisse and learn what Julenissen do in Norway. Take home a bag of treats.

December 10 and 11 from 1:00 until 3:00 PM
Ballard House - $2 per person

Giants of the Earth Members only
Little Christmas Eve Celebration
Celebrate as the Norwegians do. Desserts, kaffe, and other treats
Thursday, December 22 at 7:00 PM. Ballard House

Tatting for Beginners
January 12, 2012 at 7:00 PM
Ballard House - Instructors: Bill Fried and Kristi Myrah Griffin
Fine and Folk Arts School - Spring Grove, Minnesota

Registration
Per Person. Make additional copies if needed. (Please Print)

Name______________________________________________________________

Email address ______________________________________________________

Date _____________________ Phone ____________________________________

Address ___________________________________________________________
__________________________________________________________________

City _____________________ State ____ Zip _____________________________

Class Title _______________________________________________________

Class Date _______________________________________________________

Male ____ Female ____ Age if Minor ____________________________

Parent/Guardian Emergency contact Information:

Name______________________________________________________________

Phone ___________________________________________________________

Registration Fee ____________________

Materials Fee ______________________

Check # ____________________ Total Amount Enclosed __________________

Please make checks payable to: Giants of the Earth Heritage Center Inc.

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MAIL Completed form(s) to
Giants FAFA School
163 West Main, PO Box 223, Spring Grove, MN 55974

PHONE 507.498.5070 or 507.450.1373

FAX Completed form(s) to 507.498.5853

ONLINE www.springgrovmnheritagecenter.org

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